

hsa-miR-210-3p miREIA

microRNA enzyme immunoassay kit

Product Data Sheet

Cat. No.: RDM0029H

For Research Use Only

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This kit is manufactured by:

BioVendor – Laboratorní medicína a.s.

Use only the current version of Product Data Sheet enclosed with the kit!



The RDM0029H hsa-miR-210-3p miREIA is an enzyme immunoassay for the quantitative measurement of human microRNA-210-3p.

FEATURES

- It is intended for research use only
- The total assay time is less than 2.5 hours
- The kit measures hsa-miR-210-3p isolated from human blood, cell culture lysates and peripheral blood mononuclear cell lysates
- Assay format is 96 wells
- Quality Control is synthetic miRNA-based
- Standard is synthetic miRNA-based
- Components of the kit are provided ready to use, concentrated or dried

2. STORAGE AND EXPIRATION

Store the complete kit at 2–8 °C. Under these conditions, all components are stable until the expiration date (see label on the box).

For stability of opened reagents see Chapter 11.

MicroRNAs (miRNAs) are small non-coding RNA molecules, approximately 22 nucleotides in length that regulate gene translation through silencing or degradation of target mRNAs. They are involved in multiple biological processes, including differentiation and proliferation, metabolism, hemostasis, apoptosis or inflammation, and in pathophysiology of many diseases. Numerous studies have suggested circulating miRNAs as promising diagnostic and prognostic biomarkers of many diseases.

miR-210 represents the major hypoxia-inducible miRNA also known as hypoxamir, which is ubiquitously expressed in a broad range of cells [1]. Emerging evidence has demonstrated that induction of miR-210-3p is a consistent feature of the hypoxic response in both normal and malignant cells [1]. miR-210 has been associated with a variety of functionally important targets involved in cancer, cell cycle regulation, cell survival, differentiation, metabolism as well as in angiogenesis [2].

Increase miR-210 plasma level has been reported in the context of various cancers and other hypoxia-induced pathological conditions [1]. It has been described that hypoxic cancer cells release exosomes with high levels of miR-210 [3]. miR-210 is frequently elevated in osteosarcoma, breast, lung, head and neck, and pancreatic cancer, or glioblastoma [2,4,5,6]. In this regard, it was described that circulating miR-210 was significantly elevated in patients with clear cell or conventional renal cell carcinoma (ccRCC) compared with healthy controls [2,7,8]. More recently, the amount of miR-210 has been analyzed in cell-free urine as a tool for liquid biopsy in ccRCC and the level of urinary cell-free miR-210 was significantly higher in patients with ccRCC than in control subjects [9]. Furthermore, serum miR-210 was upregulated in patients with bladder cancer [10].

Aberrant expression of miR-210 has also been reported in other diseases than cancer. Blood miRNA-210 was significantly decreased in stroke patients and its level was significantly higher in stroke patients with good outcome than that in patients with poor outcome [11]. Moreover, it has been demonstrated that overexpression of miR-210 mediates mitochondrial dysfunction in the placenta of women with pre-eclampsia [12]. miR-210-3p is supposed to be involved in endometriotic cell proliferation and the results show that increased levels of miR-210-3p in endometriotic lesions contribute to endometriosis progression [13]. The potential role of miR-210 in spermatogenesis was also characterized. The results indicated that elevated expression of seminal plasma miR-210-3p was an independent predictor of impaired spermatogenic function in varicocele patients [14].

Areas of investigation

Oncology Stroke Reproduction

4. TEST PRINCIPLE

BioVendor hsa-miR-210-3p miREIA is an enzyme immunoassay for miRNA quantification which involves hybridization of miRNA isolated from a patient sample to complementary biotinylated DNA probe for hsa-miR-210-3p. The DNA/RNA hybrids are then transferred into microplate wells pre-coated with monoclonal antibody specific to perfectly matched DNA/RNA hybrids. After washing, the solid phase is incubated with streptavidin-HRP conjugate and after another washing step, the resulting complexes are visualized by chromogenic substrate. The absorbance is proportional to the concentration of hsa-miR-210-3p.

A standard curve is constructed by plotting absorbance values against concentrations of hsa-miR-210-3p standards. Concentrations of unknown samples and Quality Control are determined using this standard curve.

5. PRECAUTIONS

• For professional use only

- This kit contains components of animal origin. These materials should be handled as potentially infectious
- Avoid contact with the acidic Stop Solution and Substrate Solution, which contains hydrogen peroxide and tetramethylbenzidine (TMB). Stop and Substrate Solutions may cause skin/eyes irritation. In case of contact with the Stop Solution and the Substrate Solution, wash skin/eyes thoroughly with water and seek medical attention, when necessary
- The materials must not be pipetted by mouth



- Reagents with different lot numbers should not be mixed
- RNases are stable and robust enzymes that catalyze degradation of RNA. It is therefore indispensable to create an RNAse-free environment following the rules summarized below:
 - The RNase-free working environment should be located away from microbiological work station
 - Use disposable gloves when handling reagents, samples, pipettes, and tubes
 - The gloves should be changed frequently to avoid contamination
 - o Tips, tubes, lab coats, pipettes, etc. should be allocated for RNA work only
 - Nuclease-free water should be used
 - Commercial RNase decontamination solution should be used to clean all surfaces
 - Isolated RNA samples should be kept on ice
 - o Use filter pipette tips
 - Do not drink, eat or smoke in the areas where immunodiagnostic materials are being handled
- Avoid any contamination among samples and reagents. For this purpose, disposable tips must be used for each sample and reagent. It is also recommended to establish and maintain separate areas for RNA isolation and miREIA detection
- Substrate Solution should remain colourless until added to the plate. Keep the Substrate Solution protected from light
- Stop Solution should remain colourless until added to the plate. The colour developed in the wells will turn from blue to yellow immediately after the addition of the Stop Solution. Wells that are green in colour indicate that the Stop Solution has not mixed thoroughly with the Substrate Solution
- Dispose consumable materials and unused contents in accordance with applicable national regulatory requirements

Kit Components	State	Quantity
DNA Probe Conc. (50x)	concentrated	0.1 ml
Master Standard	dried	2 vials
Quality Control	dried	2 vials
Antibody Coated Microtiter Strips	ready to use	96 wells
Streptavidin-HRP Conjugate	ready to use	13 ml
RNase Inhibitor Conc. (500x)	concentrated	0.05 ml
Dilution Buffer	ready to use	13 ml
Substrate Solution	ready to use	13 ml
Wash Solution Conc. (10x)	concentrated	100 ml
Stop Solution	ready to use	13 ml
Product Data Sheet + Certificate of Analysis	-	1 pc

8. MATERIAL REQUIRED BUT NOT SUPPLIED

- Commercially available RNase decontamination solution, e.g. RNaseZAP
- Disposable gloves
- Deionized (distilled) water
- Nuclease-free water (molecular biology grade nuclease-free water)
- Test tubes for diluting samples (nuclease-free PCR tubes)
- Nuclease-free, low nucleic acid binding tubes (1.5 ml)
- Glassware (graduated cylinder and bottle) for Wash Solution and RNase Inhibitor Solution
- Precision pipettes to deliver 5–1000 μ l with disposable filter pipette tips (nuclease-free)
- Microplate sealing film or cover
- Absorbent material (e.g. paper towels) for blotting the microtiter plate after washing
- Vortex mixer
- Centrifuge for < 2 ml tubes
- Thermoblock or thermal cycler
- Incubator for incubation at 37 °C
- Microplate washer (optional). [Manual washing is possible but not recommended.]
- Microplate reader with 450 \pm 10 nm filter, preferably with reference wavelength 630 nm (alternatively another one from the interval 550–650 nm)
- Software package facilitating data generation and analysis (optional)

Sample Type

hsa-miR-210-3p miREIA is validated for miRNA isolated from human whole blood, cell culture lysates (PC9, HeLa and HEK cell lines) and peripheral blood mononuclear cell lysates.

Ask for information at info@biovendor.com if assaying miRNA isolated from serum, plasma or another material.

Processing of whole blood

Conditions during sample collection may affect the detection of microRNAs. Therefore, it is highly recommended to follow standardized procedure for blood collection:

- To minimize patient variables, it is recommended to ensure overnight fasting prior to blood collection. Circadian rhythm, activity and diet are known to influence the microRNA levels
- Standardized needles and blood collection tubes are needed
- Gloves must be worn all the time when handling specimens
- PAXgene Blood RNA Tubes are recommended for whole blood collection and storage. Follow the instructions for blood collection and handling provided by the manufacturer: https://www.preanalytix.com/
- Immediately after blood collection, gently invert the PAXgene RNA tubes 10 times, then let the tubes stand in upright position for at least 2 hours (max. 72 hours)

Stability and Storage:

- Store the PAXgene Blood RNA Tubes (with samples) up to 3 days at room temperature (15–25 °C), up to 5 days at 2–8 °C, or up to 8 years at –20 °C or –70 °C
- Bring the PAXgene Blood RNA Tubes to room temperature (approximately 2 hours are necessary); do not increase the temperature above 25 °C. Carefully invert the tubes 10 times
- Avoid repeated freeze-thaw cycles

Samples can be assayed immediately after collection, or should be stored at -80 °C. It is necessary to isolate RNA before measuring by miREIA.

The users are supposed to choose an appropriate kit for RNA isolation themselves, depending on the sample type. For RNA isolation, use e.g. BioVendor RNA Isolation Kit (Cat. No.: RIK001, Cat. No.: RIK002).

Stability and Storage of RNA Samples

- RNA samples should be stored in nuclease-free plastic tubes. To avoid freezethaw cycles, divide the isolated RNA samples into aliquots
- When working with isolated RNA samples, keep them on ice
- Isolated RNA samples must be stored at -80 °C for long term storage

RNA Handling

- Wear gloves all the time when handling specimens and reagents
- Use RNase-free filter tips and tubes
- Create and maintain RNase-free working environment (specified in Chapter 6. Technical hints)

Spike-In Control

It is recommended to normalize measured concentrations of hsa-miR-210-3p by exogenous control. The concentration of miRNA measured by miREIA can be affected by efficiency of RNA isolation. For monitoring the efficiency of isolation, it is recommended to add a defined amount of synthetic nonhuman RNA Spike-In Control to the lysis buffer prior to starting the RNA isolation e.g. cel-miR-39-3p.

The concentration of Spike-In Control in samples is then measured by cel-miR-39-3p miREIA (Cat. No.: RDM0000C) using the DNA probe for Spike-In Control in parallel with the concentration of hsa-miR-210-3p. To calculate the coefficient of isolation efficiency, the defined amount added to the samples prior to isolation is divided by the concentration of Spike-In Control measured by miREIA.

Finally, concentration of hsa-miR-210-3p measured by miREIA should be multiplied by the coefficient of isolation efficiency for every sample.

- All reagents need to be brought to room temperature prior to use
- Always prepare only the appropriate quantity of reagents for your test
- Do not use components after the expiration date marked on their label

ASSAY REAGENTS SUPPLIED READY TO USE

Antibody Coated Microtiter Strips

Stability and storage:

Return the unused strips to the provided aluminium zip-sealed bag with desiccant and seal carefully. Remaining Microtiter Strips are stable 3 months stored at 2–8 °C and protected from the moisture.

Streptavidin-HRP Conjugate Dilution Buffer Substrate Solution Stop Solution

Stability and storage: Opened reagents are stable 3 months when stored at 2–8 °C.

ASSAY REAGENTS SUPPLIED CONCENTRATED OR DRIED

RNase Inhibitor Conc. (500x)

Dilute RNase Inhibitor Conc. (500x) with nuclease-free water (not included in the kit) 500-fold, e.g. 10 μ l of RNase Inhibitor Concentrate (500x) + 4 990 μ l of nuclease-free water to obtain **RNase Inhibitor working solution.** Stability and storage:

Opened RNase Inhibitor Conc. (500x) is stable until the expiration date when stored at 2–8 °C. Protect the RNase Inhibitor Conc. (500x) from light. Do not freeze the RNase Inhibitor Conc. (500x).

Do not store the diluted RNase Inhibitor solution.

Master Standard

Refer to the Certificate of Analysis for current volume of the RNase Inhibitor working solution needed for reconstitution of Master Standard!!!

Reconstitute the dried Master Standard with RNase Inhibitor working solution just prior to the assay. Let it dissolve at least 15 minutes with occasional shaking. **Mix well.** Vortex is recommended. The resulting concentration of hsa-miR-210-3p in the stock solution is **25.0 amol/µl**.

Prepare set of standards using the RNase Inhibitor working solution as follows:

Volume of Standard	Volume of RNase Inhibitor working solution	Concentration
hsa-miR-210-3p stock	-	25.0 amol/μl
50 μl of hsa-miR-210-3p stock	50 μl	12.5 amol/μl
50 μl of 12.5 amol/μl	50 μl	6.25 amol/μl
50 μl of 6.25 amol/μl	50 μl	3.13 amol/μl
50 μl of 3.13 amol/μl	50 μl	1.56 amol/μl
50 μl of 1.56 amol/μl	50 μl	0.78 amol/µl

Prepared set of standards are ready for hybridization.

Stability and storage:

Do not store the reconstituted and/or diluted set of standards.

DNA Probe Conc. (50x)

Dilute the DNA Probe Conc. (50x) fifty-fold in Dilution Buffer. Example: for 1 strip (8 wells) 5 μ l of DNA Probe Conc. (50x) + 245 μ l Dilution Buffer.

The DNA Probe working solution is to be used for hybridization with standards, Quality Control, RNA samples and blank.

Stability and storage:

Opened DNA Probe Conc. (50x) is stable 3 months when stored at 2–8 °C.

Do not store the diluted DNA Probe solution.

Quality Control

Refer to the Certificate of Analysis for current Quality Control concentration!!!

Reconstitute the Quality Control with 50 µl of RNase Inhibitor working solution just prior to the assay. Let it dissolve at least 15 minutes with occasional shaking. **Mix well.** Vortex is recommended.

Dilute reconstituted Quality Control 10x with RNase Inhibitor working solution, e.g. 5 μ I of Quality Control + 45 μ I of RNase Inhibitor working solution.

Diluted Quality Control is to be used for hybridization with the DNA Probe working solution.

Stability and storage:

Do not store the reconstituted and/or diluted Quality Control.

Note: Concentration of miRNA in Quality Control need not be anyhow associated with normal and/or pathological concentrations in samples. Quality Control serves just for control that the kit works in accordance with PDS and CoA and that miREIA test was carried out properly.

Wash Solution Conc. (10x)

Dilute Wash Solution Conc. (10x) ten-fold in distilled water to obtain **diluted Wash Solution**. Example: 100 ml of Wash Solution Concentrate (10x) + 900 ml of distilled water for use of all 96-wells.

Stability and storage:

The diluted Wash Solution is stable 1 month when stored at 2–8 °C. Opened Wash Solution Concentrate (10x) is stable 3 months when stored at 2–8 °C.

An appropriate dilution of isolated RNA samples should be assessed by the researcher prior to batch measurement.

Recommended starting dilution for RNA isolated from whole blood, EDTA plasma, serum, cell culture lysates (PC9, HeLa and HEK cell lines), peripheral blood mononuclear cell lysates and urine is 3x.

Dilute RNA samples 3x with RNase Inhibitor working solution just prior to the assay, e.g. 8 µl of sample + 16 µl RNAase Inhibitor working solution. **Mix well**. Vortex is recommended.

Do not store the diluted samples.

Each laboratory should establish its own dilution factor of normal and pathological samples for hsa-miR-210-3p levels with the assay.

Note: It is recommended to use a precise pipette and a careful technique to perform the dilution in order to get precise results.

PREPARATION OF HYBRIDS

The procedure described below must be performed for each point of the standard curve, Quality Control, sample and blank separately (see the Hybridization Procedure Summary below).

- 1. Pipet **20** μl of DNA Probe working solution into each nuclease-free PCR tube.
- 2. Add **20** μl of prepared standards, RNase Inhibitor working solution (=Blank), Quality Control or diluted RNA samples, respectively refer to the tables below.

Prepare hybrids for standard curve as follows:

Volume of DNA Probe solution	Volume of set of standards
20 μl	20 μl of 25.0 amol/μl
20 μl	20 μl of 12.5 amol/μl
20 μl	20 μl of 6.25 amol/μl
20 µl	20 μl of 3.13 amol/μl
20 μl	20 μl of 1.56 amol/μl
20 µl	20 μl of 0.78 amol/μl

Prepare hybrids for blank as follows:

Volume of DNA Probe	Volume of RNase Inhibitor working
solution	solution
20 μl	20 μl

Prepare hybrids for isolated RNA samples as follows:

Volume of DNA Probe	Valuma of diluted comple
solution	Volume of diluted sample
20 μl	20 μl

Prepare hybrids for Quality Control as follows:

Volume of DNA Probe	Volume of diluted Quality Control
solution	
20 μl	20 µl

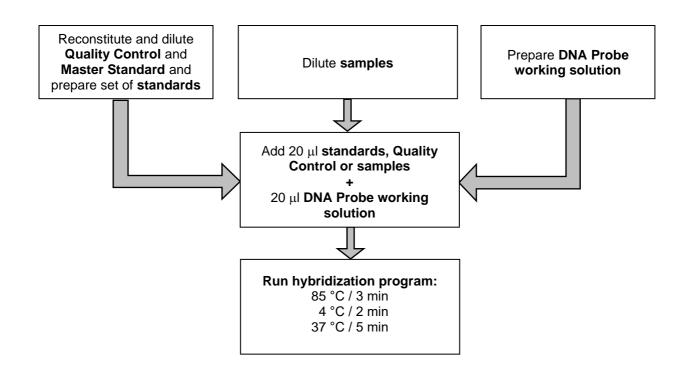
HYBRIDIZATION PROCEDURE

Insert nuclease-free tubes with the hybrids prepared in the previous step into a cycler and run the hybridization program. It is also possible to use a thermoblock instead of the cycler.

Hybridization program:

- 1. 85 °C / 3 min
- 2. 4 °C / 2 min
- 3. 37 °C / 5 min

Hybridization Procedure Summary



miREIA PROCEDURE

- 1. Dilute prepared hybrids 3-fold with the Dilution Buffer (in tubes). Example: $35 \mu l$ of hybrid + 70 μl of Dilution Buffer. Mix gently (not to foam).
- 2. Pipet **90** μ I of diluted hybrids into the appropriate wells of the microtiter plate (see *Figure 1*). Covering the plate with e.g. microplate cover or sealing film is recommended.
- 3. Incubate the plate at 37 °C for **1 hour**, without shaking.
- 4. Wash the wells 5-times with Wash Solution (0.35 ml per well). After final wash, invert and tap the plate strongly against paper towel.
- 5. Add **100** μ I of Streptavidin-HRP Conjugate into each well. Covering the plate with e.g. microplate cover or sealing film is recommended.
- 6. Incubate the plate at 37 °C for **30 minutes**, without shaking.
- 7. Wash the wells 5-times with Wash Solution (0.35 ml per well). After final wash, invert and tap the plate strongly against paper towel.
- 8. Add **100** μ I of Substrate Solution into each well. Avoid exposing the microtiter plate to direct sunlight. Covering the plate with e.g. aluminium foil is recommended.
- Incubate the plate for 15 minutes at room temperature. The incubation time may be extended [up to 30 minutes] if the reaction temperature is below 20 °C. Do not shake the plate during the incubation.
- 10. Stop the colour development by adding **100** μ **I** of Stop Solution into each well.
- 11. Determine the absorbance of each well using a microplate reader set to 450 nm, preferably with the reference wavelength set to 630 nm (acceptable range: 550–650 nm). Subtract readings at 630 nm (550–650 nm) from the readings at 450 nm. The absorbance should be read within 5 minutes following step 10.

Note 1: If some samples and standard/s have absorbances above the upper limit of your microplate reader, perform a second reading at 405 nm. A new standard curve, constructed using the values measured at 405 nm, is used to determine hsa-miR-210-3p concentration of off-scale standards and samples. The readings at 405 nm should not replace the readings for samples that were "in range" at 450 nm.

Note 2: Manual washing 5-times: Aspirate wells and pipet 0.35 ml Wash Solution into each well. Aspirate wells and repeat four times. After final wash, invert and tap the plate strongly against paper towel. Make certain that Wash Solution has been removed entirely.

	strip 1	strip 2	strip 3	strip 4	strip 5	strip 6	strip 7	strip 8	strip 9	strip 10	strip 11	strip 12
Α	Std.	Sample	Sample	Sample								
	25.0	1	9	17	25	33	41	49	57	65	73	81
В	Std.	Sample	Sample	Sample								
D	12.5	2	10	18	26	34	42	50	58	66	74	82
С	Std.	Sample	Sample	Sample								
C	6.25	3	11	19	27	35	43	51	59	67	75	83
D	Std.	Sample	Sample	Sample								
ע	3.13	4	12	20	28	36	44	52	60	68	76	84
Е	Std.	Sample	Sample	Sample								
	1.56	5	13	21	29	37	45	53	61	69	77	85
F	Std.	Sample	Sample	Sample								
F	0.78	6	14	22	30	38	46	54	62	70	78	86
G	Blank	Sample	Sample	Sample								
G		7	15	23	31	39	47	55	63	71	79	87
Н	Quality	Sample	Sample	Sample								
	Control	8	16	24	32	40	48	56	64	72	80	88

Figure 1: Example of a work sheet.

Most microtiter plate readers perform automatic calculations of analyte concentration.

The Standard curve is constructed by plotting the mean absorbance of Standards (Y) against the known concentration of Standards (X) in logarithmic scale, using the four-parameter algorithm. Results are reported as concentration of hsa-miR-210-3p (amol/ μ l) in samples.

The measured concentration of samples and Quality Control calculated from the standard curve must be multiplied by their respective dilution factor, because samples and Quality Control have been diluted prior to the assay, e.g. 0.48 amol/µl (from standard curve) x 3 (dilution factor) = 1.44 amol/µl.

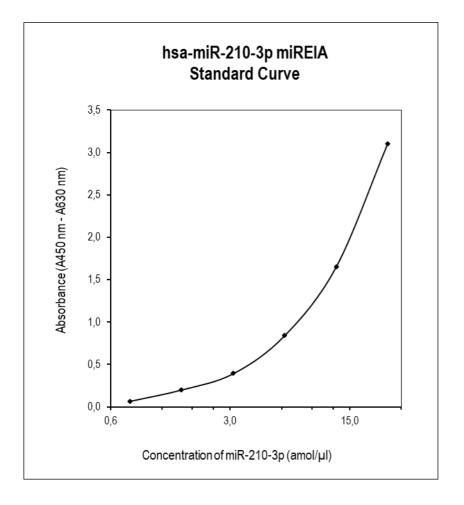


Figure 2: Typical standard curve for hsa-miR-210-3p miREIA.

• Typical analytical data of BioVendor hsa-miR-210-3p miREIA are presented in this chapter.

Sensitivity

Limit of detection (LOD) (defined as concentration of analyte giving absorbance higher than mean absorbance of blank plus three standard deviations of the absorbance of blank: $A_{blank} + 3xSD_{blank}$ is calculated from the real hsa-miR-210-3p values in wells and is 0.26 amol/µl.

Limit of Assay

Samples with absorbances exceeding the absorbance of the highest standard should be measured again with higher dilution. The final concentration of samples calculated from the standard curve must be multiplied by the respective dilution factor.

Specificity

The DNA Probe for hsa-miR-210-3p is complementary to the sequence of hsa-miR-210-3p. Crossreactivity with the miRNA family members exhibiting high sequence identity cannot be excluded.

• Presented results are multiplied by respective dilution factor

Precision

Intra-assay (Within-Run) (n=8)

Sampla	Mean	SD	CV
Sample	(amol/µl)	(amol/µl)	(%)
1	2.86	0.18	6.3
2	5.11	0.23	4.5

Inter-assay (Run-to-Run) (n=5)

Sampla	Mean	SD	CV
Sample	(amol/µl)	(amol/µl)	(%)
1	16.52	2.14	12.9
2	60.96	4.00	6.6

Spiking Recovery

Isolated RNA samples were diluted, spiked with different amounts of hsa-miR-210-3p and assayed.

Sampla	O bserved	E xpected	Recovery
Sample	(amol/µl)	(amol/µl)	O/E (%)
	20.53	-	-
1	49.64	58.03	85.6
I	37.07	39.28	94.4
	28.76	29.89	96.2
	26.18	-	-
2	54.71	63.68	85.9
Z	43.45	44.93	96.7
	38.08	35.54	107.2

Linearity

Isolated RNA samples were serially diluted and assayed.

Sample	Dilution	O bserved	E xpected	Recovery
Sample	Dilution	(amol/µl)	(amol/µl)	O/E (%)
	-	14.83	-	-
1	2x	7.24	7.41	97.7
	4x	3.16	3.71	85.3
	8x	1.53	1.85	82.4
	-	14.88	-	-
2	2x	7.87	7.44	105.8
	4x	3.71	3.72	99.9
	8x	1.86	1.86	100.2

Reference range

It is recommended that each laboratory include its own panel of control samples in the assay. Each laboratory should establish its own normal and pathological reference ranges for hsa-miR-210-3p levels with the assay.

The synthetic hsa-miR-210-3p is used as the standard for hsa-miR-210-3p quantification.



17. TROUBLESHOOTING AND FAQS

Weak signal in all wells

Possible explanations:

- Omission of a reagent or a step
- Improper preparation or storage of a reagent
- Assay performed before reagents were allowed to come to room temperature
- Improper wavelength when reading absorbance

High signal and background in all wells

Possible explanations:

- Improper or inadequate washing
- Overdeveloping; incubation time with Substrate Solution should be decreased before addition of Stop Solution

High coefficient of variation (CV)

Possible explanation:

- Improper or inadequate washing
- Improper mixing Standards, Quality Control or samples

Degraded RNA

In most cases degradation of RNA is caused by RNases. Keep RNase free environment when working with RNA (see Chapter 6)

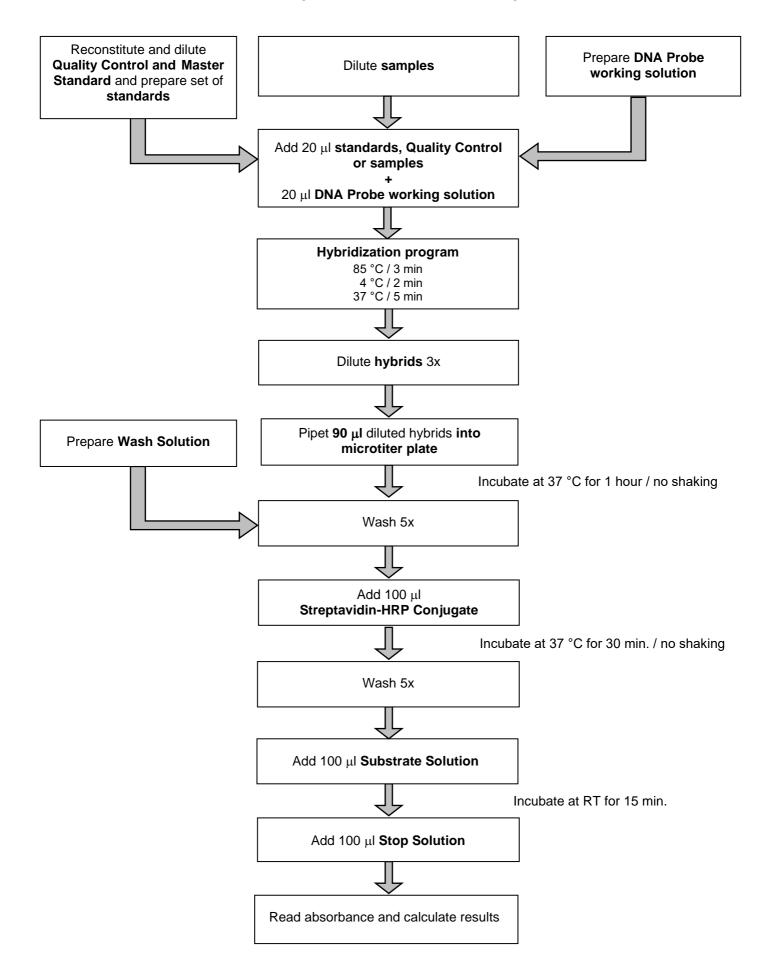
References to hsa-miR-210-3p:

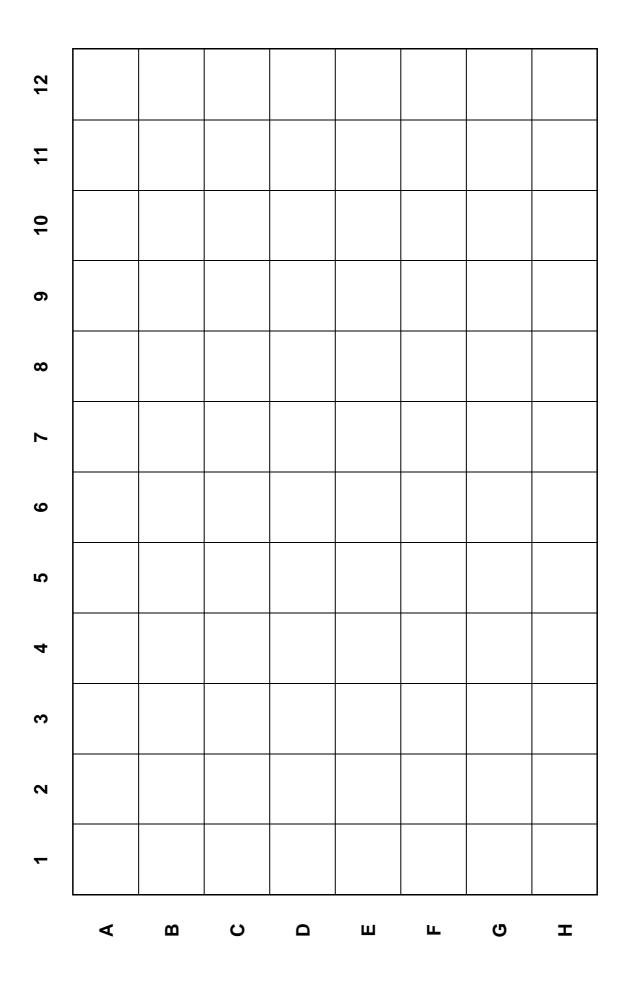
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- For more references on this product see our WebPages at www.biovendor.com

19. EXPLANATION OF THE SYMBOLS

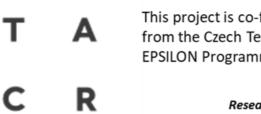
REF	Catalogue number
Cont.	Content
LOT	Lot number
Â	Attention, see instructions for use
	Expiry date
2 °C 8 °C	Storage conditions
	Name and registered office of the manufacturer

Assay Procedure - summary









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Karasek 1767/1, 621 00 Brno, Czech Republic Phone: +420-549-124-185, Fax: +420-549-211-460 E-mail: info@biovendor.com, sales@biovendor.com Web: www.biovendor.com

