

ENG

Instructions for Use:  
**HUMAN ANTI-MÜLLERIAN  
HORMONE ELISA**

Catalogue number:  
**RBL012R**

**For research use only!**

 **BioVendor**  
**R&D**<sup>®</sup>



**BioVendor – Laboratorní medicína a.s.**

Karásek 1767/1, 621 00 Brno, Czech Republic

+420 549 124 185

[info@biovendor.com](mailto:info@biovendor.com)

[sales@biovendor.com](mailto:sales@biovendor.com)

[www.biovendor.com](http://www.biovendor.com)

1. INTENDED USE	3
2. STORAGE, EXPIRATION	3
3. INTRODUCTION	3
4. TEST PRINCIPLE	3
5. PRECAUTIONS	4
6. REAGENT SUPPLIED	4
7. MATERIAL REQUIRED BUT NOT SUPPLIED	4
8. PREPARATION OF REAGENTS	4
9. PREPARATION OF SAMPLES	5
10. ASSAY PROCEDURE	5
11. PERFORMANCE CHARACTERISTICS	6
12. CALCULATION	7
13. REFERENCES	7
14. EXPLANATION OF SYMBOLS	8
15. ASSAY PROCEDURE - SUMMARY	9

## HISTORY OF CHANGES

Previous version	Current version
	ENG.001.A
New edition	

### 1. INTENDED USE

Enzyme Immunoassay for the quantitative determination of Anti-Müllerian Hormone (AMH) in human serum and plasma.

### 2. STORAGE, EXPIRATION

- The kit must be stored at 2 – 8°C.
- The opened components can be stored for one week at 2 – 8°C.

### 3. INTRODUCTION

Anti-Müllerian Hormone (AMH) is a glycoprotein belonging to the transforming growth factors (TGF-P). In females, AMH is secreted by granulosa cells of small follicles in the ovary.<sup>1</sup> Serum AMH levels strongly correlate with the number of growing follicles. Serum AMH levels are used in individualized follicle-stimulating hormone dosing protocols and may predict the risk of poor response or ovarian hyperstimulation syndrome.<sup>3</sup> Serum concentrations of AMH gradually decrease and fall below detectable levels in menopause. AMH is the best current available measure of ovarian reserve for different clinical conditions.<sup>2</sup>

### 4. TEST PRINCIPLE

The microtiter plate is coated with the antibody specifically binding the Anti-Müllerian Hormone. The human serum or plasma is incubated in the plate with the capture antibody.

The specimen is washed out and the specifically bound protein is incubated with biotin-labelled detection antibody. Following another washing step, Streptavidin-HRP conjugate is added into the well.

Unbound reagent is then washed out. Horseradish peroxidase (HRP) bound in the complex reacts with the chromogenic substrate (TMB) creating the blue colour. The reaction is stopped by addition of STOP solution (H<sub>2</sub>SO<sub>4</sub>).

The absorbance values are measured at 450 nm (optionally 450/630 nm) and are proportional to the concentration of AMH in the specimen. The concentration of AMH in unknown samples is determined from the calibration curve which is created by plotting the absorbance values against the standard concentration values.

## 5. PRECAUTIONS

- For research use only
- For professional laboratory use
- The reagents with different lot numbers should not be mixed
- To prevent cross sample contamination, use disposable labware and pipette tips
- To protect laboratory stuff, wear protective gloves and protective clothing
- The substrate solution should remain colourless, keep it protected from light
- The test should be performed at standard laboratory conditions (temperature  $25^{\circ}\text{C} \pm 2^{\circ}\text{C}$ ).

## 6. REAGENT SUPPLIED

Item	Qty.
Antibody Coated Microtiter Plate	96 wells
Biotin-labelled Antibody	13 mL
Streptavidin-HRP Conjugate	13 mL
Master Standard (lyophilized)	1 vial
Quality Control A (human serum, lyophilized)	1 vial
Quality Control B (human serum, lyophilized)	1 vial
Dilution Buffer	13 mL
Wash Buffer 15x conc.	50 mL
Substrate Solution	13 mL
STOP Solution	13 mL

## 7. MATERIAL REQUIRED BUT NOT SUPPLIED

- Glassware and test tubes
- Microtiter plate washer
- Precision pipettes (various volumes) with tips
- Orbital shaker
- Microtiter plate reader capable of measuring absorbance at 450 nm or 450/630 nm with software for data generation

## 8. PREPARATION OF REAGENTS

Use new pipette tip for pipetting different reagents and samples to prevent cross-contamination. All reagents and samples should be allowed to reach the temperature  $25^{\circ}\text{C} \pm 2^{\circ}\text{C}$ .

### 8.1 Preparation of Standards

Reconstitute lyophilized Human AMH Standard in Dilution Buffer, for the volume information see the Certificate of Analysis. Let it rehydrate for 15 min and dilute 1:4 prior to use. The concentration of human AMH in Master Standard is 3 ng/mL.

Prepare set of Standard solution as follows:

Use the Master Standard for serial dilution (as below). Mix each tube thoroughly before the next transfer. The Dilution Buffer serves as Blank.

	Volume of Standard	Dilution Buffer	Concentration
Std1	Standard 3 ng/mL (lyophilized)	1000 $\mu$ L	3 ng/mL
Std2	300 $\mu$ L of Std1	300 $\mu$ L	1.5 ng/mL
Std3	300 $\mu$ L of Std2	300 $\mu$ L	0.75 ng/mL
Std4	300 $\mu$ L of Std3	300 $\mu$ L	0.375 ng/mL
Std5	300 $\mu$ L of Std4	300 $\mu$ L	0.188 ng/mL
Std6	300 $\mu$ L of Std5	300 $\mu$ L	0.094 ng/mL
Blank	-	300 $\mu$ L	0 ng/mL

## 8.2 Preparation of Quality Control A and B

Reconstitute the lyophilized human serum Quality Controls with deionized/distilled water, for the volume information see the Certificate of Analysis. Let the QCs rehydrate for 15 min and dilute them 1:4 in Dilution Buffer, prior to use, see Preparation of samples.

## 8.3 Preparation of Wash Buffer 1x

Prepare a working solution of Wash Buffer by adding 50 mL of Wash Buffer 15x conc. to 700 mL of deionized/ distilled water (dH<sub>2</sub>O). Mix well. Store at 4°C for two weeks or at -20°C for long term storage.

## 9. PREPARATION OF SAMPLES

Human serum or plasma may be used with this assay. For long-term storage the samples should be frozen at minimum -70°C. Lipemic or haemolytic samples may cause false results.

Recommended dilution of samples is 1:4, i.e., for singlets 40  $\mu$ L of sample + 120  $\mu$ L of Dilution Buffer, for duplicates 80  $\mu$ L of samples + 240  $\mu$ L of Dilution Buffer, respectively.

Do not store the diluted samples.

## 10. ASSAY PROCEDURE

1. Prepare the reagents as described in the previous chapter.
2. Pipette 100  $\mu$ L of set of Standards, Quality Controls, diluted Samples and Dilution Buffer = Blank into each well. Incubate for **1 hour** at 25°C  $\pm$ 2°C, shaking at 300 rpm.
3. Wash the wells 3-times with 1x Wash Buffer (350  $\mu$ L/well). When finished, tap the plate against the paper towel to remove the liquid completely.
4. Pipette 100  $\mu$ L of Biotin-labelled Antibody into each well. Incubate for **1 hour** at 25°C  $\pm$ 2°C, shaking at 300 rpm.
5. Wash the wells as described in point 3.
6. Pipette 100  $\mu$ L of Streptavidin-HRP into each well. Incubate for **30 min** at 25°C  $\pm$ 2°C, shaking at 300 rpm.
7. Wash the wells as described in point 3.
8. Pipette 100  $\mu$ L Substrate solution, incubate for **10 min**, at 25°C  $\pm$ 2°C. Avoid exposure to the light during this step.
9. Pipette 100  $\mu$ L of STOP solution.
10. Read the signal at 450 or 450/630 nm within 15 min.

## 11. PERFORMANCE CHARACTERISTICS

Samples used in the tests were diluted 1:4 as recommended and assayed. The results are multiplied by the dilution factor.

### 11.1 Sensitivity

The limit of detection, defined as a concentration of human AMH giving absorbance higher than absorbance of blank + 3 standard deviations, is better than 0.094 ng/mL of sample.

### 11.2 Precision

#### 11.2.1 Intra-assay

Sample	Mean (ng/mL)	SD	CV (%)
1	1.9	0.1	7
2	3.4	0.2	5

#### 11.2.2 Inter-assay (Run – to – run)

Sample	Mean (ng/mL)	SD	CV (%)
1	2,0	0.1	4
2	3.7	0.2	6

### 11.3 Accuracy

#### 11.3.1 Dilution linearity

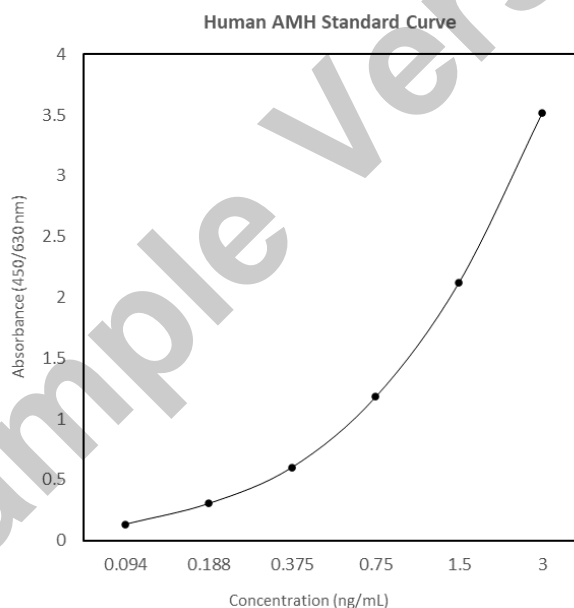
Sample	Dilution	Measured concentration (ng/mL)	Expected concentration (ng/mL)	Yield (%)
1		1.9	-	-
	2x	1.1	0.96	110
	4x	0.5	0.5	104
	8x	0.3	0.2	109
2		3.4	-	-
	2x	1.8	1.7	108
	4x	0.9	0.9	108
	8x	0.5	0.4	113

### 11.3.2 Spiking Recovery

Sample	Spike (ng/ml)	Measured concentration (ng/mL)	Expected concentration (ng/mL)	Yield (%)
1	-	1.2	-	-
	3.0	4.0	4.23	95
	1.5	2.7	2.75	96
	0.8	1.9	1.98	94

## 12. CALCULATION





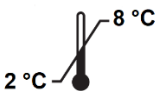




The standard curve needs to be measured in every test. Most of the microplate reader can automatically calculate the analyte concentration using 4-parameter algorithm or alternative functions to fit the standard points properly. The concentrations need to be multiplied by the dilution factor, either automatically by reader or manually.



## 13. REFERENCES

- <sup>1</sup> Zec I, Tislaric-Medenjak D, Megla ZB, Kucak I. Anti-Müllerian hormone: a unique biochemical marker of gonadal development and fertility in humans. *Biochem Med (Zagreb)*. 2011;21(3):219-30. doi: 10.11613/bm.2011.031. PMID: 22420235.
- <sup>2</sup> Broer SL, Broekmans FJ, Laven JS, Fauser BC. Anti-Müllerian hormone: ovarian reserve testing and its potential clinical implications. *Hum Reprod Update*. 2014 Sep-Oct;20(5):688-701. doi: 10.1093/humupd/dmu020. Epub 2014 May 12. PMID: 24821925.
- <sup>3</sup> Moolhuijsen LME, Visser JA. Anti-Müllerian Hormone and Ovarian Reserve: Update on Assessing Ovarian Function. *J Clin Endocrinol Metab*. 2020 Nov 1;105(11):3361–73. doi: 10.1210/clinem/dgaa513. PMID: 32770239; PMCID: PMC7486884.

## 14. EXPLANATION OF SYMBOLS

	Catalogue number
	Batch code
	Caution
	Use by date
	Temperature limit
	Manufacturer
 <p data-bbox="256 1182 464 1205">www.biovendor.com</p>	Read electronic instructions for use - eIFU
	The content is sufficient for 96 tests
	Biological risks



## 15. ASSAY PROCEDURE - SUMMARY

Add 100  $\mu$ L of Standards, diluted QCs and Samples to the wells



Incubate for 1 hour at 25°C, shaking at 300 rpm

3-times wash the wells (350  $\mu$ L/well)



Add 100  $\mu$ L of Biotin-labelled Antibody to the wells



Incubate for 1 hour at 25°C, shaking at 300 rpm

3-times wash the wells (350  $\mu$ L/well)



Add 100  $\mu$ L of SAV-HRP to the wells



Incubate for 30 min at 25°C, shaking at 300 rpm

3-times wash the wells (350  $\mu$ L/well)



Add 100  $\mu$ L of Substrate Solution to the wells



Incubate for 10 min in the dark at 25°C, NO shaking

Add 100  $\mu$ L of Stop Solution to the wells



Read the signal at 450 nm (450/630 nm) within 15 min





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Karásek 1767/1, 621 00 Brno, Czech Republic

+420 549 124 185

[info@biovendor.com](mailto:info@biovendor.com)

[sales@biovendor.com](mailto:sales@biovendor.com)

[www.biovendor.com](http://www.biovendor.com)

