

ENG

Instructions for Use: HUMAN GHRELIN ACYLATED EXPRESS ELISA

Catalogue number: RA194062400R

For research use only!



BioVendor – Laboratorní medicína a.s. Karásek 1767/1, 621 00 Brno, Czech Republic +420 549 124 185 info@biovendor.com sales@biovendor.com www.biovendor.com

1.	HUMAN GHRELIN ACYLATED EXPRESS ELISA STORAGE, EXPIRAT	FION 3
2.	PRECAUTION FOR USE TEST PRINCIPLE	4
3.	BACKGROUND	5
4.	PRINCIPLE OF THE ASSAY	7
5.	MATERIAL REQUIRED BUT NOT PROVIDED	8
6.	SAMPLE COLLECTION AND PREPARATION	9
7.	REAGENT PREPARATION	10
8.	ASSAY PROCEDURE	11
9.	ASSAY PROCEDURE SUMMARY	14
10.	DATA ANALYSIS	14
11.	ACCEPTABLE RANGE	15
12.	TYPICAL RESULTS	15
13.	ASSAY VALIDATION AND CHARACTERISTICS	16
14.	TROUBLESHOOTING AND FAQS	19
15.	REFERENCES	20
16.	EXPLANATION OF SYMBOLS	23

HISTORY OF CHANGES

Previous version	Current version
ENG.009.A	ENG.010.A
Chap.1: Human Acylated Ghrelin Standard (2 vials)	Chap.1: Human Acylated Ghrelin Standard (1 vial)
7:4.: Reconstitute the Quality Control vial with 4 mL of UltraPure water.	7.4. : Reconstitute the Quality Control vial with 1 mL of UltraPure water
7.5.: Reconstitute the vial Conjugate Solution with 5 mL of Dilution Buffer	7.5. : Reconstitute the vial Conjugate Solution with 10 mL of Dilution Buffer

HUMAN GHRELIN ACYLATED EXPRESS ELISA STORAGE, 1. **EXPIRATION**

96 wells Storage: -20°C Expiry date: stated on the package <u>This kit contains:</u>	, cisic		
REAGENTS (Store at 2-8°C)	COLOUR CODE	Quantity	Form
Antibody Coated Microtiter Strips	Blister with zip	1	
Conjugate Solution (Human, rat tracer express)	Green	1	lyophilized
Human Acylated Ghrelin Standard	Blue with red septum	2	lyophilized
Quality Control	Green with red septum	2	lyophilized
Dilution Buffer (EIA buffer)	Blue	1	lyophilized
Wash Solution Conc. (400x)	Silver	1	liquid
Substrate Solution (Ellman's reagent)	Black with red septum	2	lyophilized
Tween 20	Transparent	1	liquid
Cover Sheet		1	

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate.

If you want to use the kit in two times, we provide one additional vial of Standard, one of Quality Control and one of Substrate Solution (Ellman's reagent).

2. PRECAUTION FOR USE TEST PRINCIPLE

Users are recommended to read all instructions for use before starting work.

Each time a new pipette tip is used, aspirate a sample or reagent and expel it back into the same vessel. Repeat this operation two or three times before distribution in order to equilibrate the pipette tip.

- For research laboratory use only.

E A

- Not for diagnostic use.
- Do not pipet liquids by mouth.
- Do not use kit components beyond the expiration date.
- Do not eat, drink or smoke in area in which kit reagents are handled.
- Avoid splashing.

The total amount of reagents contains less than 100 µg of sodium azide. Flush the drains thoroughly to prevent the production of explosive metal azides.

Wearing gloves, laboratory coat and eye protection glasses is recommended when assaying kit materials and samples.

Temperature:

Unless otherwise specified, all the experiments are done at room temperature (RT), that is around +20°C. Working at +25°C or more affects the assay and decreases its efficiency.

3. BACKGROUND

3.1 Acetylcholinesterase AChE® Technology

Acetylcholinesterase (AChE®), the enzymatic label for EIA, has the fastest turnover rate of any enzymatic label. This specific AChE is extracted from the electric organ of the electric eel, Electrophorus electricus, and it's capable of massive catalytic turnover during the generation of the electrochemical discharges. The use of AChE as enzymatic label for EIA has been patented by the French academic research Institute CEA [1, 2, 3].

AChE® assays are revealed with Substrate Solution (Ellman's reagent), which contains acetylthiocholine as a substrate. The final product of the enzymatic reaction (5-thio-2-nitrobenzoic acid), is bright yellow and can be read at 405-414 nm. AChE® offers several advantages compared to enzymes conventionally used in EIAs:

3.1.1 Kinetic superiority and high sensitivity:

AChE® shows true fi rst-order kinetics with a turnover of 64,000 sec-1. That is nearly 3 times faster than Horse Radish Peroxidase (HRP) or alkaline phosphate. AChE® allows a greater sensitivity than other labeling enzymes.

3.1.2 Low background

non-enzymatic hydrolysis of acetylthiocholine in buffer is essentially absent. Thus, AChE® allows a very low background and an increased signal/noise ratio compared to other substrate of enzymes which is inherently unstable.

3.1.3 Wide dynamic range

AChE® is a stable enzyme and its activity remains constant for many hours. Unlike other enzymes, AChE substrate that is not suicidal, which permits simultaneous assays of high and low concentration samples.

3.1.4 Versatility: AChE®

AChE® is a completely stable enzyme, unlike peroxidase which is suicidal. The accidentally dropped plate coating AChE® substrate (Ellman's reagent) does not need to be discarded an experiment can be continued by adding washing buffer and fresh Ellman's reagent into the plate wells. As an option. Otherwise, the plate can be stored at +4°C with Wash Buffer while waiting for technical advice from the Technical Support.

3.2 Ghrelin

Ghrelin discovered in 1999, is fast becoming an endokrinology target of the millennium. Ghrelin, identifi ed in rat stomach as an endogenous ligand for the GH secretagogue receptor, is mainly produced in stomach, but has been demonstrated in many other organs [4, 5]. In addition to GH-releasing properties and its orexant action, Ghrelin could act as an hormone having effects on gastric motility (similarity with the peptide hormone motilin), acidic secretion, cardiovascular action, antiproliferative effects, pancreatic and glucose metabolism function, sleep [6, 7, 8]...

Ghrelin gene raises to mRNA prepro-ghrelin of 117 amino acids. This precursor is processed into Ghrelin, 28 amino acids (human). Before being secreted, this peptide is octanoylated at Ser 3 by GOAT (Ghrelin Octanoyl Acyl Transferase). This step is Essentials for biological activity making GOAT a perfect target for drugs in feeding behaviour. Interestingly, the potential therapeutic importance of this hormone is not restricted to regulation of food intake [9] but also in cachexia (related to cancer treatment, anorexia nervosa or ischemia) [10] gastrin motility and may be involved in osteoporosis, somatopause, infertility and ovulation induction, neurological disorders (Alcoholism, Post Traumatic Stress disorders...) [11] and cardiovascular diseases.

12

4. PRINCIPLE OF THE ASSAY

This Enzyme Immunometric Assay (EIA) is based on a double-antibody sandwich technique. Wells of supplied plate coated with a monoclonal antibody specific to the C-terminal part of Ghrelin.

This antibody will bind to any Ghrelin introduced into the wells (standard or sample). The acetylcholinesterase (AChE) - Fab' conjugate (Tracer) which recognises the N-terminal part of Acylated Ghrelin is also added to the wells.

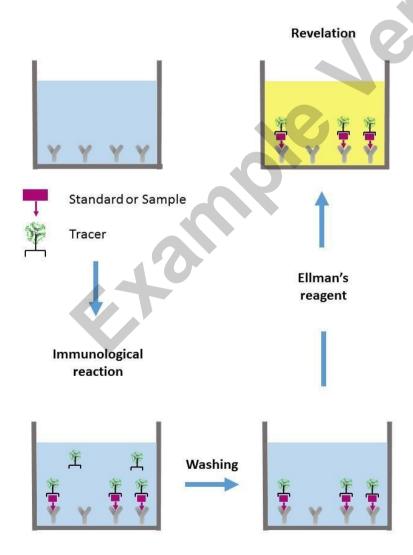
The two antibodies then form a sandwich by binding on different parts of the Acylated Ghrelin. The sandwich is immobilised on the plate so reagents in excess may be washed away.

The concentration of Acylated Ghrelin (human) is determined by measuring the enzymatic activity of immobilized Tracer using Substrate Solution (Ellman's Reagent). AChE Tracer acts on Substrate Solution (Ellman's Reagent) to form a yellow compound that strongly absorbs at 405 or at 414 nm.

The intensity of the colour, which is determined by spectrophotometry, is proportional to the amount of Acylated Ghrelin (human) present in the well during the immunological incubation.

This EIA so called Express EIA kit needs a short incubation time for immunological reaction (3 hours).

The principle of the assay is summarised below:



8 / 25

5. MATERIAL REQUIRED BUT NOT PROVIDED

In addition to standard laboratory equipment, the following material is required:

5.1 FOR SAMPLE PREPARATION

- EDTA tubes for blood collection
- HCl 1N (optional)
- sampling tubes with PHMB or reagents for PHMB inhibitor solution:
 - Potassium Phosphate buffer 0.1 M pH 7.4
 - NaOH 10N
 - p-Hydroxymercuribenzoic acid (PHMB)
 - UltraPure water (cat. number S0001)
 - or Aprotinin (up to 0,6 TIU per mL blood)
 - or PMSF

5.2 FOR THE ASSAY

- Precision micropipettes (20 to 1000 μL)
- Spectrophotometer plate reader (405 or 414 nm filter)
- Microplate washer (or wash-bottles)
- Orbital Microplate shaker
- Multichanel pipette and disposable tips 30-300 μl
- UltraPure water
- Polypropylene tubes

Water used to prepare all EIA reagents and buffers must be UltraPure, deionized & free from organic contaminants traces.

Otherwise, organic contamination can significantly affect the enzymatic activity of the tracer AcetylCholinesterase. Do not use distilled water, HPLC-grade water or sterile water.

Ulta pure water may be purchased from BioVendor

6. SAMPLE COLLECTION AND PREPARATION

6.1 General precautions

- All samples must be free of organic solvents prior to assay.
- Samples should be assayed immediately after collection or should be stored at -20 °C or at -80 °C prior the use with the assay.

6.2 Blood Collection

- Blood samples are collected in tubes containing EDTA and a protease inhibitor to prevent the degradation of Acylated Ghrelin.
- Choice of protease inhibitor

We suggest adding p-hydroxymercuribenzoic acid (PHMB) 1 mM in the fi nal sample volume during the blood collection. We suggest preparing a 100 times concentrated solution of protease inhibitor and then adding 10 μ L of this solution per mL of blood. For example, for PHMB 100mM concentrated solution, prepare a potassium phosphate buffer 0.1 M pH 7.4 in which 1.2% NaOH 10N volume/ volume is added. Then dissolve PHMB to get a 100 times concentrated solution (100 mM) in this buffer. Add 10 μ L of this PHMB 100x solution per mL of blood. The PHMB 100x solution may be stored one month at - 20°C.

We suggest using aliquots for PHMB 100x solution in order to avoid freezing/thawing cycles. To avoid the preparation of PHMB protease inhibitor solution, BioVendor provides sampling tubes for 1 mL of blood containing PHMB. Other protease inhibitors could be used with the assay like Aprotinin (up to 0,6 TIU/mL blood) or PMSF(around 0.1 mg/mL blood according to litterature) as indicated in the section "Protease inhibitor compatibility table" at the end of this booklet. For the use of these different products, please refer to the vendor's instructions.

- Collection tubes are mixed by inversion 5 times.
- Samples should be kept on ice between collection and centrifugation (15 minutes max).
- Blood samples are centrifuged at 3,500 rpm for 10 minutes at +4°C and then, supernatants are transferred in separate tubes. Samples should be quickly assayed or stored at -20°C for later use.
- The best way is to assay the samples within 3 weeks after the collection date. Moreover, we suggest using aliquots for plasma samples (we suggest 250 µl per aliquot) in order to avoid freezing/thawing cycles.

6.3 Acidification of freshly prepared plasma (to be done before storage) with HCI

is often performed and doesn't affect the performance of the assay.

When adding 100 μ L of 1N HCl per mL of collected plasma and centrifuge them at 3,500 rpm for 5 min at +4°C, there is a slight increase in Acylated Ghrelin value, and no significant change on Unacylated Ghrelin value. Poor neutralization (by dilution or NaOH) of acidifi cation may however lead to inconsistency in sample reproducibility.

Plasma samples prepared as above-mentioned can be assayed for Acylated Ghrelin with Acylated Ghrelin EIA kit or for Unacylated Ghrelin with Unacylated Ghrelin EIA kit.

6.4 Sample preparation

Plasma samples may be assayed directly without any extraction procedure after being diluted at **least to 1:5 in Dilution Buffer** in order to avoid matrix effect.

7. REAGENT PREPARATION

7.1 Reagent preparation

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate according to suggested plate layout.

If you want to use the kit two times, we provide one additional vial of Standard, one of Quality control and one of Substrate Solution (Ellman's reagent).

All reagents must to be brought to room temperature (around +20°C) prior to the assay.

7.2 Dilution Buffer

Reconstitute the vial Dilution buffer with 50 mL of UltraPure water. Allow buffer to stand 5 minutes or until completely dissolved and then mix thoroughly by gentle inversion. <u>Stability at 4°C: 1 month</u>

7.3 Acylated Ghrelin (human) Standard

Reconstitute the Standard vial with 1 mL of UltraPure water. Allow standard to stand for 5 minutes or until it is completely dissolved. Mix standard thoroughly by gentle inversions.

The concentration of the first standard (S1) is 250 pg/mL.

Prepare seven polypropylene tubes (for the other standards) and add 500 μ L of ELISA Buffer into each tube. Then prepare the standards by serial dilutions as indicated in following table. Mix each tube thoroughly before the next transfer.

Standard	Volume of Standard	Volume of Dilution Buffer	Standard concentration pg/mL
S1	-	-	250
S2	500 µL of S1	500 μL	125
S3	500 µL of S2	500 μL	62.5
S4	500 µL of S3	500 μL	31.3
S5	500 µL of S4	500 μL	15.6
S6	500 µL of S5	500 μL	7.8
S7	500 µL of S6	500 μL	3.9
S8	500 µL of S7	500 μL	2.0

Stability at 4°C: 1 week

7.4 Acylated Ghrelin (human) Quality Control

The Quality Control provided in this kit has been prepared by spiking Acylated Ghrelin (human) peptide in Dilution Buffer.

Reconstitute the Quality Control vial with 1 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion. <u>Stability at +4°C: 1 week</u>

7.5 Acylated Ghrelin Conjugate Solution

Reconstitute the vial Conjugate Solution with 10 mL of Dilution Buffer. Allow it to stand 5 minutes or until completely dissolved and then mix thoroughly by gentle inversion. <u>Stability at +4°C: 1 week</u>

7.6 Wash Buffer

Dilute 2 mL of concentrated Wash Buffer with 800 mL of UltraPure water. Add 400 μ L of Tween20. Use a magnetic stirring bar to mix the content. Note that concentrated wash buffer is also used for Ellman's reagent preparation. Stability at +4°C: 1 week

Stadility at +4 C. Tweek

7.7 Substrate Solution (Ellman's Reagent)

5 minutes before use (development of the plate), reconstitute one vial of Substrate Solution (Ellman's Reagent_49+1) with 49 mL of UltraPure water and 1 mL of **concentrated** Wash Buffer. The tube content should be thoroughly mixed. Stability at 4°C and in the dark: 24 hours

8. ASSAY PROCEDURE

It is recommended to measure the samples in duplicate following the instructions hereafter.

8.1 Plate preparation

Prepare the Wash Buffer as indicated in the reagent preparation section. Open the plate pouch and select the enough strips for your assay. Place the unused strips back in the pouch <u>Stability +4°C: 1 month</u>

Rinse each well 5 times with the Wash Buffer 300 µL/well.

Just before distributing reagents and samples, remove the buffer from the wells by inverting the plate and blot last drops by trapping it on a paper towel.

8.2 Plate set-up

A plate set-up is suggested on the following page.

The contents of each well may be recorded on the template sheet provided at the end of this technical booklet.

8.3 **Pipetting the reagents**

All samples and reagents must reach room temperature prior to performing the assay. Use different tips to pipette the buffer, standard, sample, conjugate, antiserum and other reagents.

Before pipetting, equilibrate the pipette tips in each reagent. Do not touch the liquid already in the well when expeling with the pipette tip.

8.3.1 Dilution Buffer

Dispense 100 µL to Non Specific Binding NSB wells.

8.3.2 Acylated Ghrelin (human) Standards

Dispense 100 µL of each of the eight standards S8 to S1 in duplicate to appropriate wells. Start with the lowest concentration standard S8 and equilibrate the tip in the next higher standard before pipetting.

8.3.3 Quality Control and samples

Dispense 100 µL in duplicate to appropriate wells. Highly concentrated samples may be diluted in Dilution Buffer.

8.3.4 Acylated Ghrelin Conjugate Solution

Dispense 100 µL to each well, except Blank (Bk) wells.

8.4 Incubating the plate

Cover the plate with the cover sheet and incubate for 3 hours at room temperature. A longer immunological reaction (20 hours at +4°C) is also possible, increasing the sensitivity of the assay to 0.3 pg/mL.

			1	ſ	1	1				1		7
	1	2	3	4	5	6	7	8	9	10	11	12
Α	В	S2	S6	*	*	*	*	*	*	*	*	*
В	В	S2	S6	*	*	*	*	*	*	*	*	*
С	В	S3	S7	*	*	*	*	*	*	*	*	*
D	NSB	S3	S7	*	*	*	*	*	*	*	*	*
Е	NSB	S4	S8	*	*	*	*	*	*	*	*	*
F	NSB	S4	S8	*	*	*	*	*	*	*	*	*
G	S1	S5	QC	*	*	*	*	*	*	*	*	*
Η	S1	S5	QC	*	*	*	*	*	*	*	*	*
: Bla	nk							NS	B : No	n Spec	ific Bin	dina

B: Blank

S1-S8: Standards 1-8

NSB : Non Specific Binding QC: Quality Controls

*: Samples

8.5 Developing and reading the plate

- Reconstitute Substrate Solution (Ellman's reagent) as mentioned in the Reagent preparation section.
- Empty the plate by inverting it. Proceed with the following washing steps:
 - Wash each well 4 times with 300 µL of Wash Buffer;
 - Wash each well 1 time with 300 µL of Wash Buffer under slight agitation on an orbital shaker during 5 minutes;
 - Wash each well 5 times with 300 µL of

- Wash Buffer;
- At the end of the last washing step, empty the plate and blot the plate on a paper towel to discard any trace of liquid.
- Add 200µL of Substrate Solution (Ellman's reagent) to each 96 well. Cover the plate with aluminium sheet and incubate in the dark at room temperature. Optimal development is obtained using an orbital shaker.
- Wipe the bottom of the plate with a paper towel, and make sure that no liquid has splashed outside the wells.
- Read the plate at a wavelength between 405 and 414 nm (yellow colour) using spectrophotometer plate reader.

After addition of Substrate Solution (Ellman's reagent), the absorbance has to be checked periodically (every 30 minutes) until the maximum absorbance has reached a minimum of 0.5 A.U. blank subtracted.

ENG.010.A

9. ASSAY PROCEDURE SUMMARY

Express Enzyme Immunoassay Protocol (volumes are in µL)						
	Blank	NSB	Standard	Sample or QC		
EIA Buffer	-	100	-	-		
Standard	-	-	100	-		
Sample or QC	-	-	-	100		
Tracer	-	100	100	100		
	Cover plate, incubate 3 hours at RT					
Wa	Wash plate x4, Wash & shake plate x1, Wash plate x5 Discard liquid from the wells					
Ellman´s reagent	Ellman's reagent 200					
Incubate with an orbital shaker in the dark at RT						
Read the plate between 405 and 414 nm						

10. DATA ANALYSIS

Make sure that your plate reader has subtracted the absorbance readings of the blank well (absorbance of Substrate Solution (Ellman's reagent) alone) from the absorbance readings of the rest of the plate.

- Calculate the average absorbance for each NSB, standard and sample.
- For each standard, plot the absorbance on y axis versus the concentration on x axis. Draw a best-fit line through the points.
- To determine the concentration of your samples, find the absorbance value of each sample on the y axis.
- Read the corresponding value on the x axis which is the concentration of your unknown sample. Do not forget to integrate the dilution factor of your own samples (due notably to the minimal dilution for the assay 1:5 and the addition of HCI 1N).
- Samples with a concentration greater than 250 pg/mL should be re-assayed after dilution in Dilution Buffer.
- Most plate readers are supplied with curve-fitting software capable of graphing these data (logit/log or 4-parameter logistic fi t 4PL). If you have this type of software, we recommend using it. Refer to it for further information.

Two vials of Quality Control are provided with this kit. Your standard curve is validated only if the calculated concentration of the Quality Control obtained with the assay is +/- 25% of the expected concentration (written on the Quality Control Sheet)

11. ACCEPTABLE RANGE

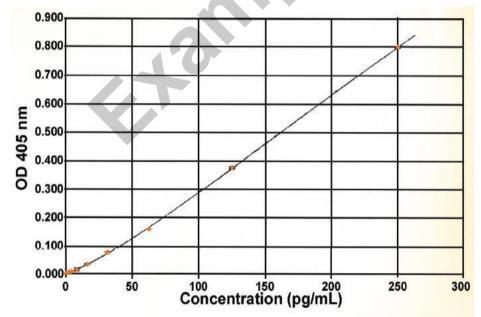
- Non Specific Binding < 60 mA.U.
- Limit of detection in the sample before dilution <5 pg/mL
- QC sample: ±25% of the expected concentration (see on the Quality Control Sheet)

12. TYPICAL RESULTS

The following data are for demonstration purpose only. Your data may be different and still correct. These data were obtained using all reagents as supplied in this kit under the following conditions: 60 minutes developping, fading at 414 nm. A 4-parameter logistic fitting was used to determine the concentrations.

Standard	Acylated Ghrelin human (pg/mL)	Absorbance (mAU)
S1	250	798
S2	125	377
S3	62.5	163
S4	31.3	79
S5	15.6	38
S6	7.8	19
S7	3.9	13
S8	2.0	10

Typical Human Acylated ghrelin standard curve



13. ASSAY VALIDATION AND CHARACTERISTICS

Immunometric assay of Acylated Ghrelin (human) has been validated for its use in buffer and in plasma (without extraction but diluted at least 1:5). A sigmoidal 4-parameter logistic fitting was used to determine the concentrations.

For additional information regarding the validation of immunoassay for protein biomarkers in biological samples, please refer to bibliography [12].

The **limit of detection**, calculated as the concentration of Acylated Ghrelin corresponding to the NSB average (n = 8) plus three standard deviations is 0.8 pg/mL. Due to the minimal plasma dilution (1:5), the limit of detection in the samples is less than 5 pg/mL.

Intra-assay & inter-assay variations and recovery:

QC levels	Theoretical concentra- tions in diluted QC (pg/mL)	Mean of observed concentra- tions (pg/mL)	Intra- assay (CV%)	Inter- assay (CV%)	Recovery (%)	Confidence interval (α= 0.05)
		Incubation 3	hours at	room temp	erature	
QC1	2	2.29	11.8	14.4	115	115 ± 9.5
QC2	25	27.0	6.2	6.7	108	108 ± 3.4
QC3	200	217	2.9	3.4	109	109 ± 2.1
		С				
QC1	2	1.83	10.3	10.9	91.4	91.4 ± 4.6
QC2	25	25.8	8.1	8.3	103	103 ± 3.5
QC3	200	219	5.5	5.9	110	110 ± 2.9

The intra-assay and inter-assay variations were studied on human plasma (free of Ghrelin). Each level of QC was prepared five time concentrated from this pool of human plasma and then diluted to 1:5 in Dilution Buffer before assay. 60 aliquots were prepared for each of 3 level of QC. Replicate samples (n=6) at each of the three validation levels were analysed along with the calibration curve for a total of 5 independent runs.

13.1 Matrix variability

Matrix	Theoretical concentration (pg/mL)	Acylated Ghrelin measured (pg/mL)	Recovery (%)	Mean of recovery (%)
1		25.9	104	
2		25.2	101	
3	25	26.7	107	106
4		27.2	109	
5		27.1	108	

Five individual lots of human plasma samples were tested.

Validation samples (n=3) were prepared five times concentrated in each matrix (free from Ghrelin) and then diluted to 1:5 in order to obtain a final concentration of 25 pg/mL. QC were analysed against a calibration curve derived from a pool of human plasmas.

. 0.

13.2 Dilution tests

Samples	Dilution Factor	Acylated Ghrelin measured (pg/mL)	Corrected concentrations (pg/mL)	Recovery (%)	Mean of recovery (%)	
	1:5	27.4	137	-		
	1:10	13.4	134	97.8		
1	1:20	6.5	129	94.2	86.0	
	1:25	4.3	108	78.8		
	1:50	2.0	100	73.0		
	1:5	17.3	87	-		
	1:10	10.4	104	120.0		
2	1:20	3.6	73	84.4	86.9	
	1:25	2.5	63	72.6		
	1:50	1.2	61	70.5		
	1:5	24.2	121	-		
3	1:10	12.6	126	104.0		
	1:20	5.6	111	91.7	94.6	
	1:25	4.3	107	88.4		
	1:50	2.3	114	94.2		

Free human plasma samples were diluted to 1:5. Afterwards, four independent dilutions (n=3) were performed and analysed against a calibration curve.

13.3 Stability tests

Samples	Reference value (pg/mL)	1 cycle (pg/mL)	2 cycles (pg/mL)	3 cycles (pg/mL)	Mean of recovery (%)
1	186.0	127.0	162.0	163.0	81.0
2	66.2	71.3	67.0	73.0	106.0
3	70.8	53.8	59.0	67.0	84.7
4	120.0	82.7	113.0	95.0	80.8
5	176.0	141.0	158.0	149.0	84.8

Five human plasma samples (n=3) were analysed just after collection and dilution to 1:5 before the assay (reference value) and after 1, 2 and 3 freeze/thaw cycles.

13.4 Cross-reactivity

Acylated Ghrelin (rat)	118 %
Unacylated Ghrelin (human)	<0.001 %
Unacylated Ghrelin (rat)	<0.001 %
Ghrelin (1-14) (human)	<0.001 %
Ghrelin (1-11) (rat)	<0.001 %
Ghrelin (17-28) (human, rat)	<0.001 %
GHRF (human)	<0.001 %
Insulin (human)	<0.001 %
Motiline	<0.001 %
Leptin (human)	<0.001 %
Somatostatine	<0.001 %
CRF (human, rat)	<0.001 %
Glucagon (human, rat)	<0.001 %

13.5 Protease Inhibitor compatibility table

	AEBSF	PMSF	Pefabloc	P800	Aprotinin	PHMB
RA194062500R	YES	YES	YES	YES	YES	YES
RA194062400R	NO	YES	NO	NO	YES	YES

Plasma samples were collected on different protease inhibitors according to vendors instruction and measured with the appropriate kit. Recovery is different from one inhibitor to the other and it belongs to the end user to defi ne according to its Leeds which inhibitor to be used. Acidification has also been tested with most inhibitors and may also change recovery, but will not affect the assay performances providing that dilution with Dilution Buffer or neutralisation is performed.

14. TROUBLESHOOTING AND FAQS

Absorbance values too low:

- organic contamination of water
- one reagent has not been dispensed
- incorrect preparation/dilution
- assay performed before reagents reached room temperature)
- reading time not long enough

High signal and background in all wells:

- inefficient washing
- overdeveloping (incubation time should be reduced)
- high ambient temperature

High dispersion of duplicates:

- poor pipetting technique
- irregular plate washing

If a plate is accidentally dropped after dispatch of the AChE[®] substrate solution (Ellman's reagent) or if it needs to be revealed again:

- one only needs to wash the plate, add fresh Substrate Solution and proceed with a new development
- otherwise, the plate can be stored at +4°C with wash buffer in wells while waiting for technical advice from the Bioreagent Department.

15. REFERENCES

1. Grassi J, Pradelles P

Compounds labelled by the acetylcholinesterase of *Electrophorus Electricus*. Its preparation process and its use as a tracer or marquer in enzymo-immunological determinations. *United States patent*, N° 1,047,330. September 10, 1991

2. Grassi J, Pradelles P

The use of Acetylcholinesterase as a Universal marker in Enzyme-Immunoassays

Proceedings of the Third International Meeting on Cholinesterases, American Chemical Society (1991)

3. Pradelles P, Grassi J, Maclouf J

Enzyme Immunoassays of Eicosanoids Using Acetylcholinesterase

Methods in Enzymology (1990), vol. 187, 24-34

- 4. Kojima M, Kangawa KGhrelin: structure and fiction *Physiol. Rev (2005), 85:495-522,*
- 5. Bluet-Pajot MT, Tolle V, Zizzari P, Tomasetto C, Grouselle D, Epelbaum JGhrelin: A striking example of neuroendocrine peptide pleiotropy

Med Sci (Paris), August 1, 2005, 21 (8-9): 715-21

- 6. de Faria Barros A et al
- Is there association between acyl-ghrelin and infl ammation in hemodialysis patients?

J Bras Nefrol. (2013) 35(2):120-126.

7. Grousselle D et al Variations des peptides dérivés de la préproghréline au cours du repas dans *l'anorexie mentale restrictive*

Poster GIR-AFDAS-TCA2014

8. Delhanty P et al

Des-acyl ghrelin analogs prevent high-fat-diet-induced dysregulation of glucose homeostasis

FASEB J. (2013) 27(4):1690-1700.

9. Costantini, V et al

GSK1614343, a Novel Ghrelin Receptor Antagonist, Produces an Unexpected Increase of Food Intake and Body Weight in Rodents and Dogs

Neuroendocrinology (2011);94:158-168

10. Porporato E, Filigheddu N et al Acylated and unAcylated Ghrelin impair skeletal muscle atrophy in mice.

J. Clinical Invest (2013) 123(2): 611-622

11. Sentissi O, Epelbaum J, Olié JP, Poirier MF Leptin and Ghrelin Levels in Patients With Schizophrenia During Different Antipsychotics Treatment: A Review

Schizophrenia Bulletin (2008) 34(6), 1189–1199

12. Valentin MA, Ma S, Zhao A, Legay F, Avrameas A Validation of immunoassay for protein biomarkers: Bioanalytical study plan implementation to support pre-clinical and clinical studies.

J Pharm Biomed Anal. (2011) 55(5) : 869-877

Additional readings

List of publications quoting the use of Bertin human Ghrelin kits.

- Vestergaard ET. *et al.* Acyl Ghrelin Induces Insulin Resistance Independently of GH, Cortisol, and Free Fatty Acids.
 Sci Rep. 2017 Feb 15; 7:42706. doi: 10.1038/srep42706
- Van Adrichem RC. et al.

Plasma acylated and plasma unacylated ghrelin: useful new biomarkers in patients with neuroendocrine tumors? *Endocr Connect.* 2016 Jul;5(4):143-51. doi: 10.1530/EC16-0021. Epub 2016 May 23

- Lauritzen ES. *et al.* Circulating acylghrelin levels are suppressed by insulin and increase in response to hypoglycemia in healthy adult volunteers.
 Eur J Endocrinol. 2015 Apr;172(4):357-62. doi: 10.1530/EJE-14-0880. Epub 2015 Jan 19
- Kanat BH. *et al.* Significance of appetite hormone ghrelin and obestatin levels in the assessment of the severity of acute pancreatitis.
 Turk J Gastroenterol. 2014 Jun;25(3):309-13. doi: 10.5152/tjg.2014.4081
- Delhanty P. et al.
 The Acylated (AG) to Unacylated (UAG) Ghrelin Ratio in Esterase Inhibitor-Treated BloodIs Higher Than Previously Described.
 Clin Endocrinol (Oxf). 2015 Jan;82(1):142-6. doi: 10.1111/cen.12489. Epub 2014 Jun 2
- Beauloye V. et a.l
 High unacylated ghrelin levels support the concept of anorexia in infants with prader-willi syndrome. Orphanet J Rare Dis. 2016 May 4;11(1):56. doi: 10.1186/s13023-016-0440-0
- Kuppens RJ. et al.
 Elevated ratio of acylated to unacylated ghrelin in children and young adults with Prader-Willi syndrome.
 Endocrine. 2015 Dec;50(3):633-42. doi: 10.1007/s12020015-0614-x. Epub2015 May 20
- Homann D. et al.
 Hyperleptinemia independent of body adiposity in women with fibromyalgia Rheumatol Int (2014) DOI 10.1007/s00296-014-2988-0
- Wasse L. et al.

The influence of vigorous running and cycling exercise on hunger perceptions and plasma acylated ghrelin concentrations in lean young men *Appl. Physiol. Nutr. Metab.(2013) dx.doi.org/10.1139/apnm-2012-0154*

- Broom D. *et al.* Influence of resistance and aerobic exercise on hunger, circulating levels of acylated ghrelin, and peptide YY in healthy males
 Am J Physiol Regulatory Integrative Comp Physiol (2009) doi:10.1152/ajpregu.90706.2008
- Broom D. et al.
 Exercise-induced suppression of acylated ghrelin in humans J Appl Physiol (2007) doi:10.1152/japplphysiol.00759.2006

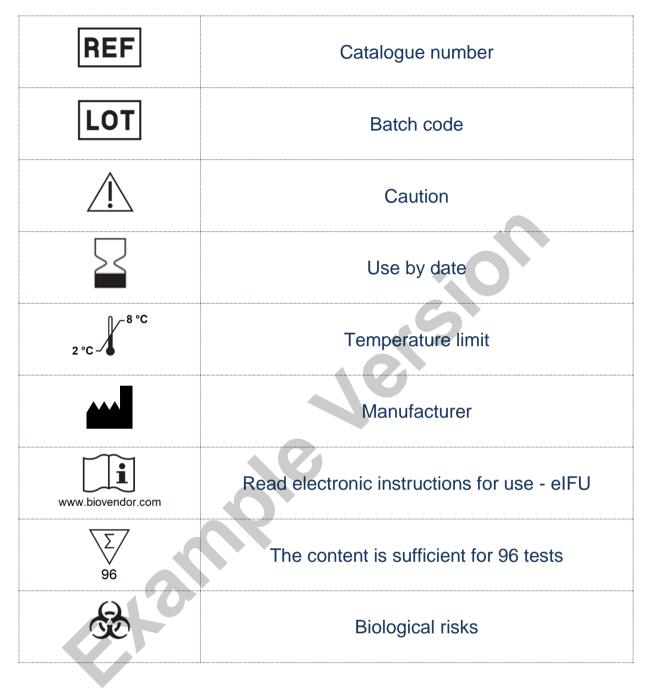
12

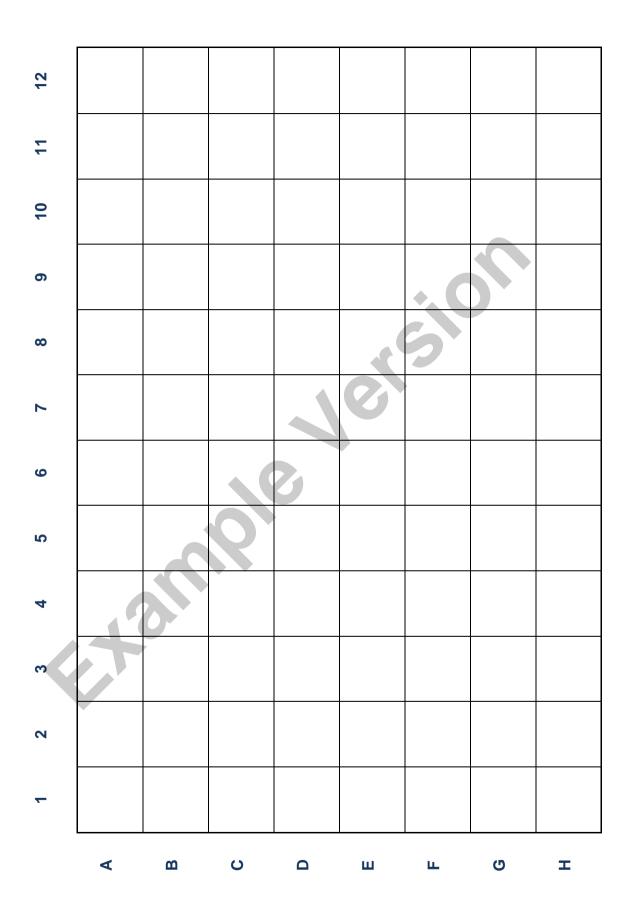
- Lee Y. et al.
 Lupin-enriched bread increases satiety and reduces energy intake acutely Am J Clin Nutr (2006) doi: 10.3945/ ajcn.2008.26708
- Cederberg H. *et al.* Unacylated ghrelin is associated with changes in body composition and body fat distribution during long-term exercise intervention
 European Journal of Endocrinology (2011)DOI: 10.1530/EJE-11-0334

22 / 25

23 / 25

16. EXPLANATION OF SYMBOLS





24 / 25

BioVendor R&D®

BioVendor – Laboratorní medicína a.s. Karásek 1767/1, 621 00 Brno, Czech Republic +420 549 124 185 info@biovendor.com sales@biovendor.com www.biovendor.com